BAYVILLE SWIM LESSONS

Mayor Douglas G. Watson

Trustee Peter Valsecchi, Jr.

Dear Parents:

Swim Instruction Classes will be held at West Harbor Beach. Classes will begin on Monday, **July 1st, 2013.** Classes will meet Monday through Thursday for 5 weeks; each class will meet for one half-hour. The Swim Meet is tentatively scheduled for Saturday, **August 3rd**. Notice of your child's class time will be available on our website www.bayvilleny.gov and posted at West Harbor Beach, Monday, **June 17th** and will remain posted until classes begin. Please return your application(s) to the Village Hall by Monday, **June 10th**.

Class structure and teaching will go by American Red Cross Swimming and Water Safety standards. May we remind you that regular attendance will not only help your child gain strong water skills, familiarity and water safety but will help your child pass the America Red Cross swimming requirements to go into the next swimming level. At the end of the five-week period American Red Cross Swimming cards will be rewarded to students who are able to pass the swimming level requirements. To check to see if beaches are open please call 516-802-2522.

IN ORDER TO BE ENROLLED YOU MUST SIGN WAIVER ON BACK OF FORM.

Please check () for the appropriate course(s). ONE form per child.

<u>INTRODUCTORY SWIM ()</u> -Familiarize child to water through games. Must be **3** years by **June** 30th, **MUST BRING BIRTH CERTIFICATE IN WITH REGISTRATION.**

LEVEL I: INTRODUCTION TO WATER SKILLS () -First year swim instruction or child **4** years of age. Teach elementary aquatic skills and begin to develop good attitudes and safe practices around the water.

LEVEL II: FUNDAMENTAL AQUATIC SKILLS () -Passed Level I, child **5** or **6** years old. Objective, to give students success with fundamental locomotion skills.

LEVEL III: STROKE DEVELOPMENT () -Passed Level II, ages **6** or **7**. Teach coordination of front and back crawl, elementary backstroke and butterfly.

LEVEL IV: STROKE IMPROVEMENT () -Passed Level III, ages 7 or 8. Objective is to develop confidence and endurance in elementary backstroke and front and back crawl. Introduce breaststroke and sidestroke.

LEVEL V: STROKE REFINEMENT I() -Passed-Level IV, ages 8 or 9. Objective is to refine the strokes learned thus far.

LEVEL VI: STROKE REFINEMENT II () -Passed Level V, ages **9** or **10**. Objective is to polish skills so child swims with more ease, efficiency, power and smoothness over greater distances.

LEVEL VII: FITNESS SWIMMER () -Passed Level VI, ages **10** or **11**. Objective is to perfect skills while developing good fitness habits.

<u>LIFEGUARD READINESS</u> () -Ages 11 and older. The purpose of the course is to provide information that will help children and/or adults become safer and healthier in on and around the water.

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SPECIAL REQUEST	AM SESSION	FIVE DEG	SION

Inc. Village of Bayville

34 School Street Bayville, NY 11709 Event Release-Minor INS002-03/07

Date Submitted:

l,	Parent or Legal Guardian of			
(participant) hereby	covenant and agree to i	ndemnify, release and hold harmless the Inc. Village		
of Bayville, all of the	elected and appointed	officers, employees, volunteers and/or agents, from		
and against any and	d all liability, loss, damag	ges, claims, or actions (including costs and attorney		
fees) for any harm,	bodily injury, including e	conomic, physical, or mental, including death, and/or		
property damage in	curred by	(participant) and/or myself, to the		
fullest extent permis	ssible by law, arising out	of the participation in the swimming lessons.		
I understand partici	pation in the swimming le	essons involves rigorous physical activity and		
risks of physical inju	ıry, and we assume thes	se risks. I hereby give consent for emergency		
transportation and t	reatment in the event of	illness or injury. I hereby accept responsibility for the		
payment of any emo	ergency transportation or	r treatment on behalf of the participant. I further certify		
the participant is in	good physical condition,	and has no medical or physical conditions what		
would restrict his/he	er participation in this eve	ent.		
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Name of Minor		Parent of Legal Guardian		
Relationship to Sigr	ner	Address		
Phone number				